

Kids Vacation To Do List - Do it or No Electronics		Mon	Tue	Wed	Thur	Fri	Sat	Sun
Your Name: _____								
Week of: _____								
1	20 push ups / 20 jump ropes							
2	20 burpees / 20 frog jumps							
3	20 Abdos							
4	20 Jumping Jacks							
5	Dancing for 10 minutes or Practice guitar or Piano							
6	Run 10 laps in the front yard							
7	Clean Backyard							
8	Clean Room							
9	Kumon homework (Math, Writing, Arts)							
10	Read a Book you like							
11	Play at the park or Jump in Trampoline (30 minutes)							
12	Sell old books and toys in driveway for 1 hour							